



Scoring Summary for Freshly Made Food and Beverages*

Name of food service establishment:

Date of scoring:

Person providing scoring:

Contact number:

Grain Dishes and Baked Goods

Menu Item	Amount per serving sold								Scoring
	Sodium		Sugars		Sugar Substitutes	Fat		Trans Fat	
	mg	450 mg or less? Y or N	mL	20 ml or less? Y or N	Free of sugar substitutes or sold at a secondary school? Y or N	g	7 g or less? Y or N	Meets trans fat restrictions? Y or N	If all answers are Y, write 'Sell'. If not, write 'Do Not Sell'
ex. Blueberry muffin	200	Y	15	Y	Y	5	Y	Y	Sell

* Scoring is based on the Checklist from the Guidelines for Food and Beverage Sales in BC Schools (2013 Edition)